



Most Blessed Sacrament Parish, Hamilton

SUMMER NEWSLETTER

Summer 2026

Happy Summer!

As a Catholic Women's League and parish community, we continue to witness the wonderful growth of women of all ages participating in the life of our parish. As I reflect on where the next 70 years of our council will lead us, I cannot help but think of the dynamic female friendships found throughout Scripture.

Whether it is Mary and Elizabeth, Mary and Martha, Deborah and Jael, or Ruth and Naomi, each pair shared a unique and faith-filled bond. Ruth and Naomi's story, in particular, is a beautiful example of intergenerational love, loyalty, and support. Their friendship reminds us that true relationships transcend age, background, and circumstance. Rooted in faith, their bond drew them closer to God and became a witness to His love.

As women of faith and members of the Catholic Women's League, we too have been blessed to build meaningful friendships across generations. We encourage one another, pray for one another, serve alongside one another, and grow together in faith. These relationships strengthen not only our League but also our parish community.

The mission of the Catholic Women's League is to call its members to grow in faith and to witness to the love of God through service and leadership. As we look ahead with hope and gratitude, may we continue to foster friendships that inspire one another, welcome new members, and draw all those we encounter closer to Christ.

I personally extend an invitation to each of you to join us at our 70th Anniversary Friendship Brunch on October 18th, where we will celebrate 70 years of Friendship. More information will follow, but a sneak peek at the invitation is on page 2. I hope to see you there!

Your Friend in Christ,
Rachel
President

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.



Your CWL Executive

Rachel McNamara	President
Christina McNamara	Vice- President
Judy Adams	Secetary
Linda Gurski	Treasuer
Flo Banzon	Social Justice Chair
Carrie Farrauto	Faith Chair
Patricia Williams	Service Chair
Fr. Jerzy Tomon	Spiritual Advisor

Peach Sunday



The weekend of August 29/30, we will host our annual Peach Sunday. Join us and tell your friends about this wonderful opportunity to be social.

We will need ladies to help prepare the peaches and bake a white sheet cake. If you are interested, please contact **Christina McNamara** @905-388-6129.

All monies raised will help our CWL council make a difference in our community.



We Want to Hear From You!

The CWL at Most Blessed Sacrament wants to hear from you. If you have an idea to support our mission of Faith-Service-Justice, please see one of the executive members or email us at our email address (cwlmbasp@gmail.com).

Membership Update

Our current membership is 54 women of faith. We would like to continue to promote our organization to all the women of our parish community. Please consider telling a friend, neighbour, or family member about the CWL and how being a member supports our parish and our provincial and national levels when they work with the government.



Next Meeting: September 6, 2026

Join us after Mass on Sunday, September 6, 2026, for a General Meeting and Social Time.

Lunch will be provided.



Save the Date! The CWL will be celebrating our 70th Anniversary. Join us on October 18th for a Friendship Brunch. We will be handing out long overdue service pins and listening to a guest speaker about Friendship in Christ. More information will be provided at the beginning of September.



Our Lady of Counsel, Pray for Us.



WELCOME FR. JERZY TOMON

We welcome Fr. Jerzy Tomon as our Spiritual Advisor. We look forward to having him as a part of our executive and supporting our CWL council.

THANK YOU...

... to our executive council for their continuous support as we move through some administrative changes. Your enthusiasm, support and new ideas have been wonderful.

.... to the members who assisted in Fr. Charlie's retirement celebrations.

... to the members who assisted in our Ice Cream Social for Fr. Jerzy's meet and greet. Thank you to Mary P., for using her gifts to help us find donations of the ice cream. Thank you to Hewitt's Ice Cream for their donation.

UPCOMING EVENTS

Peach Sunday

Weekend of August 28/29

General Meeting

Sunday, September 6
@ 12:00 p.m.

70th Anniversary

Sunday, October 18
@ 12:30 p.m.



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