

MASS INTENTIONS

Wednesday Feb 5 – 9:00 am – Mass of Thanksgiving
****The Blessing of St. Blaise will take place after
 Mass Wednesday morning.****

Friday Feb 7 – 9:00 am – Maxine Stauth
Saturday Feb 8 – 5:00 pm- Agnes Bolan, Antonio Adraneda, Tamara Holadyk – special intentions for Maria Lanie Santos and Bruce Mitnick

Wednesday Feb 12- 9:00 am – Peter Czepita

Friday Feb 14 -9:00 am – Antonia Cacino
Saturday Feb 15 – 5:00 pm – Oreste DiFonte, Lilia Cruz, Amedeo Moroni

DIOCESAN PRAYER CALENDAR

February 3-8, 2025

MON – Rev. James Petrie
 TUE – Rev. Charles Galea
 WED – **Hospitaller Order of St. John of God, O.H.**
 THUR – *Parents & Guardians*
 FRI – Rev. Pablito Labado
 SAT – Rev. William Meehan

February 10-15, 2025

MON – *St. Scholastica, Virgin*
 TUE - Rev. Msgr Theodore Slaman
 WED – **Missionaries**
 THUR – Rev. William Trusz
 FRI – Rev. Donald Wilhelm
 SAT – Rev. Guillermo Diaz

Donations received –

January 18/19- \$1,947.00
 Loose- \$438.00
January 25/26- \$ 2392.00
 Loose \$425.00



Vocations Dance - February 14th, 2025

Mount Mary

Father Mark Morley invites the young adults (ages 20s and 30s) of our diocese to attend a Regency period dance for dating couples and for singles who are discerning the vocation of sacramental marriage on Friday, February 14th, 2025, at Mount Mary Retreat Centre (437 Wilson Street East, Ancaster) starting at 7:00pm. The evening includes a Vox Talk on “The Theology of Dancing and Dating”, a dance instructor, and hors d'oeuvres. Cost: \$20 per person. Online Registration Required by February 11th. For more details, visit: <https://hamiltondiocese.com/events/> For inquiries, contact the Vocations Office: vocations@hamiltondiocese.com

‘Celebrating the Word’ Wednesday

February 5,12, 2025 after the morning mass in the Parish hall. All are welcome! Refreshments provided.

Now that the Christmas celebrations are over, the **Adult Choir** is looking forward to preparing for Easter. New members, especially men, are encouraged to join now as new music is being prepared for the Easter Vigil celebration. So if you were thinking of joining and being a part of our wonderful choir, the time is now! Call the parish office for more details.



The Resurrection Choir of Blessed Sacrament Church is looking for new members. The Resurrection Choir is responsible for providing music during the funerals that take place in our church. If you are interested in participating in this very important ministry, please call the parish office for details. All new members are most welcome!

Confirmation Retreat: All young people preparing for Confirmation will participate in their Confirmation Retreat on Saturday, February 8th at Most Blessed Sacrament Parish Hall. Permission forms went home through the classroom teachers and can be found on our parish website. Please ensure the forms are returned by February 1st.



THE DIOCESAN WEDDING ANNIVERSARY MASS – SAVE THE DATE! Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2025? Then you are cordially invited to join Bishop Crosby and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, June 1, 2025**, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration will be available online in January at hamiltondiocese.com.

JUBILEE OF HOPE, 2025 The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as “Pilgrims of Hope!” We are all invited to journey through this year drawing closer to God through prayer, service and experiences of renewal. Six churches have been marked as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray. Resources, information and locations of the pilgrimage sites are all made available on the Diocesan Website: www.hamiltondiocese.com.

“Pilgrim Sundays” for celebrating the Holy Year 2025

*At the Cathedral Basilica of Christ the King
714 King Street West, Hamilton*

In addition to the Pilgrim Sundays, you are welcome to attend Sunday Eucharist at the Cathedral. Masses at the Cathedral Basilica are (Saturday) 5:00 pm; Sunday at 9:00 am & 11:00 am – pilgrim stamps will be available for Jubilee Passports.

Sunday March 30, 2025

2:00 p.m. – 2:30 p.m.- Cathedral opens & pilgrims enter, passport stamp available

2:30 p.m. – 3:30 p.m. – Jubilee of Hope - reflection

3:00 p.m. – 4:00 p.m. Prayer at the Cross following the Taize format

Liturgical Ministers of Hope ---During Lent this year, the Liturgy Office invites all Liturgical Ministers to gather for a Lenten retreat on the theme of Liturgical Ministers of Hope. Saturday, March 22, 2025, Basilica of Our Lady Immaculate, Guelph, ON, 10:00 a.m. to 12:30 p.m. or Saturday, March 29, 2025, St. Matthew Parish, Oakville, ON, 10:00 a.m. to 12:30 p.m. or Saturday, April 5, 2025, Annunciation of our Lord Parish, Hamilton, ON, 10:00 to 12:30 p.m.

The Diocesan Choir leads and supports the assembly's song at major Diocesan liturgies, such as the Chrism Mass and Ordinations, and is looking for new members. For more information, please contact Mrs. Sharon Fazari, Choir Director, at sfazari@hamiltondiocese.com.

What if going to church was your excuse for missing everything else?

Parenting Tip for February Family love is one of the most complex loves to navigate. Siblings often love each other but also know clearly all the buttons to push to make other members react negatively. Children challenge parents as they age, generally trying to define and discover whom they are as an individual, and sometimes personalities just clash. These are hard moments, so work to stay connected with good moments that bring you together. Nature walks, movie nights, game nights, and brunch following Mass on the weekend – any actions that will remind everyone that family is our greatest support. Putting in the effort to plan fun moments will have lifetime benefits to all members of the family!

Marriage tip for February is known as the month of love, but love needs to be part of our thinking 24/7! Love is an action word, so take some time to reflect on your contribution to your married relationship. Do you use kind words, compliment, apologize, when necessary, show love through action in what you do for your spouse, pray for your spouse daily and make the time to be together and share your day? These will all build love and keep it strong.

ReSTART: Moving Forward – Our 10 week program offers education and support to anyone seeking to heal and move forward after divorce or separation. The sessions will be offered from **March 24 - June 9** (no sessions April 21 & May 19) and are held at the Chancery Office at 700 King St. West in person, or you are welcome to join our zoom classroom if you are from outside the Hamilton area. Cost is \$35 for materials, but no one is turned away. To register go to hamiltondiocese.com and look for the date under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail familyministry@hamiltondiocese.com.

The doctor asked his patient who was over 80 years old, how he was feeling.

“Slowing down a little bit,” answered the elder. “Used to walk all around the block every morning before breakfast, Now when I get halfway around, I’m so tuckered out, I have to turn around and come back.”

