

MASS INTENTIONS

Wed Sept 20 – 9:00am – Henry Somers
Fri Sept 22 – 9:00 am – Rev. Mike Downey
Saturday Sep 23 – 5:00 pm- John MacNeil,
 Rosalina Abellera

Wed Sept 27 – 9:00 am – Michael McLellan
Fri. Sept 29 -9:00 am – Giovanni & Donatina
 Sebastiano
Saturday Sept 30 - 5:00 pm - Grace & Rosemary
 Curto, Angelo Marino, Armando Pereira

Sept 2/3 -- \$2,130.00 including loose
 Sept --\$2,401.00 including loose

We thank you for your continued support.

The Adult Choir is back! Anyone wishing to join the Adult Choir this year is encouraged to come out to our practices, scheduled for Tuesday evenings at 5:30pm in the choir loft. All hymn books are supplied. Come out and be a part of the wonderful ministry!



This photo by

The Catholic Women's League

of Blessed Sacrament Church is starting a monthly food drive. This program is aimed at increasing food donations to *Neighbour to Neighbour*, our local food bank. This month our focus is on Canned Goods!

Canned stew, canned beans, canned meat& tuna fish are just a few examples. Please drop off your donations in the narthex and help those who are in need during the start of the school year.

Hamilton Diocese Marian Days - These days will be celebrated from June to October 2023 at the Basilica of Our Lady Immaculate in Guelph. The day will start with Confessions at 9:00 a.m. followed by Mass at 10:00 a.m., Rosary Procession at 11:00 a.m. and lunch at 12:00 p.m., Holy Hour and Marian Catechesis at 1:00 p.m. The day will close with Benediction at 2:00 p.m. Please bring your own lunch. Coffee and Tea will be available. Presiders; **Thomas Cardinal Collins**: Saturday, October 7.

In Honour of Our Lady:

Friday Sept 29th beginning at 6:30pm all are welcome to join an evening of prayer, reflection, and Holy Mass with Fr. Francis Geremia. It will be at St. Elizabeth of Hungary Church, 391 Rymal Rd West – Garth & Rymal Rd (in St. Elizabeth Village)

Ladies Fall Sign Workshop

Most Blessed Sacrament Parish is holding a Fall door sign workshop on Sunday, October 1st, 2023, beginning at 2:00 p.m.. This workshop is for ladies only, so bring your best friend or your mom. Join us for an afternoon of friendship and painting. The cost for the sign and light refreshments is \$40.00 and must be paid at the time of registration. Registration closes on September 15th. So get your favourite gal pals and your creative juices flowing. We will see you there! To register: please use this link: <https://checkout.square.site/buy/TZTZAYKAQB3KZ5R5BJT2TPQU>

Youth Ministry Volunteers Needed

The Grade 7+ Youth Group will be starting back up shortly. In order to run effective youth programs, we need adults to assist us. There is a role for everyone; with the youth and behind the scenes. If you are able to offer 1-2 hours a month, please email Rachel McNamara at blessedsacramentyouth@hotmail.com and discuss how you can support young people in our parish communities.

Frassati Leadership Program for Grade 10 Students

The Diocese of Hamilton is hosting a leadership program for young people entering grade 10 in the Fall. The goal of the program is for young people to receive formation to become Catholic leaders for the school and parish communities. If you are a young person or know a young person who would benefit from this opportunity, please see the Diocese of Hamilton webpage for more information.

Youth Group 7+

The Branches of Faith Youth Group will be on Friday, September 29th. All young people in Grades 7+ are invited to join us. Permission forms can be found in the Narthex or on our parish website. Bring a friend.

DIOCESAN PRAYER CALENDAR

September 18-23, 2023

MON – Rev. Krzysztof Szkubera, C.R.

TUE - Rev. Sunil D'Souza

WED – *Salesians of St. Don Bosco (S.D.B.)*

THUR – Rev. Melvin Pinto O.C.D.

FRI – Rev. Vivek Trindade

SAT – Rev. Raphael Ma, C.R..

September 25-30, 2023

MON – Rev. Murray McDermott, C.R.

TUE - Rev. Francisco Cruz

WED – **Parish Staff**

THUR – Rev. Mussie A. Keflezghi, M.C.C.J.

FRI – Rev. Brian Quigley, M.C.C.J.

SAT – Rev. Jungheon (Francisco) Kwak

St. Margaret Mary Parish will once again be starting the **Saturday Morning Men's Program** beginning September 23rd and running each week until the end of April (no session on October 7th, due to Thanksgiving and November 4th for the St. Margaret Mary Christmas Bazaar). The spiritually fulfilling sessions begin at 7am and end at approximately 8:30am. The first program we will be running is a St. Augustine Institute FORMED program called "*Presence: The Mystery of the Eucharist.*" It is very well made and promises to be spiritually fulfilling as well as a fantastic way for men to deepen their faith and forge new friendships. Each week coffee and snacks are provided. We pray as many men as possible would consider attending the Saturday Morning Men's Program. It is not exclusive to only the men of St. Margaret Mary Parish, so please feel free to attend and invite your friends who may be interested. If you are not able to attend each week that is not a problem as we encourage all the men to attend as often as they are able. Last year we started with approximately 10-12 men each week and gratefully finished the year with between 25-30 men which is a great testament to the spiritual benefits we believe it provided. Please email Jeff Toole (Blessed Sacrament parishioner) (jctoole9@yahoo.ca), if you are interested or have any questions.

GRIEF RELIEF - Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? Are you wondering if your feelings are normal? You are not alone! The Diocese of Hamilton has grief programs to help. Find out more on the Diocesan website at <https://hamiltondiocese.com/offices/family-ministry/grief-support>, or call Teresa at 905-528-7988 ext. 2250. We have programs running in both Waterloo and Hamilton this fall.

Marriage Support – Your marriage doesn't have to feel like it is more trouble than joy, that it feels stagnant or disconnected and/or that it is causing you constant stress. The solution is Retrouvaille - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. The next Retrouvaille weekend is Oct. 20-22. For more information call 905-664-5212 or email teamrecine@gmail.com.

Diocesan Liturgy Workshops

The Liturgy Office offers regular liturgical formation for ministers who serve as Ministers of the Word, Extraordinary Ministers of Communion and Children's Liturgy of the Word. The workshops are designed for new ministers and are a helpful refresher for lay ministers participating in Sunday Mass and other liturgical celebrations. Participants who complete a formation workshop receive a three-year mandate from the Bishop of Hamilton. November formation dates are as follows for the following ministries:

Children's Liturgy of the Word

Friday, November 3, 2023, St. Raphael Parish, Burlington, 6:00 to 9:00 pm.

Ministers of the Word

Saturday, November 4, 2023, St. Raphael, Burlington, 9:30 am to 3:00 pm.

Extraordinary Ministers of Holy Communion

Saturday, November 11, 2023, St. Thomas the Apostle, Waterdown, 9:30 am to 3:00 pm.

ReSTART: Moving Forward – Our 10 week program offers support to anyone seeking to heal and move forward after divorce or separation. The sessions will run from Sept. 19-Nov. 28 and take place from 7-9 pm at the Chancery Office at 700 King St. West in person, or you are welcome to join our zoom classroom. Cost is \$35 for materials, but no one is turned away. Registration is required so please call Sarah at 905-528-7988 ext. 2249, e-mail familyministry@hamiltondiocese.com, or register on line at ReSTART Program: Support for Separated and Divorced - Diocese of Hamilton (hamiltondiocese.com).

As I arrived at church one wintry morning, I noticed someone's car lights were on. I was late and entered the church just as the priest was reading the Gospel. I didn't want to interrupt as he went on with the homily and then proceeded to ask for our personal intentions. I waited while one woman requested prayers 'for my sick husband, so that he will again enjoy good health, we pray to the Lord.'



The congregation responded "Lord hear our prayer." Another petition, 'for the white Subaru in the parking lot that has its light on, that the battery does not die, we pray to the Lord.' We responded, "Lord hear our prayer," as one woman nodded gratefully and left to turn off her car lights.