

February 5, 2023

February 12, 2023

MASS INTENTIONS

Wed Feb 8 – No Mass

Friday Feb 10 – No Mass

Saturday Feb 11 – 5:00pm – Caroline Angarano,
Elvira Francisco Gaite

Sat Feb 4 – 5:00 pm – Samuel Rizzo

Wed Feb 15 – No Mass

Fri Feb 17 – 9:00 am – special intentions

Saturday Feb 18- 5:00 pm – Erl Grice, Amedeo
Moroni

January 21/22 -- \$2320.00 including loose.

Jan 28/29 - \$2450.00 including loose

We thank you for your continued support.



Ash Wednesday is February 22, 2023

*Stations of the Cross will be every Friday
during Lent at 11:00 am starting Feb 24th*

DIOCESAN PRAYER CALENDAR

Feb 6-11, 2023

MON – Rev. Matthew Durham

TUE - Rev. Kevin Upendran

WED – Missionaries

THU – Rev. Leszek Szczygiel

FRI – Rev. Tom Moisan

SAT – Rev. David Weise

Feb 13-18, 2023

MON – Rev. Francis Noronha

TUE - Rev. Rafal Tomon

WED – Discalced Carmelite Sisters (O.C.D.)

THUR – Very Rev. Tim Uniac

FRI – Rev. Pat Aiello

SAT – Rev. Chris Buda

For the First Saturday of each month we are asking families to say a decade of the Rosary at 4:15pm, before 5pm Mass. If you as a family are interested in participating in this parish ongoing event please call the parish office or let Ed Daley know and give your name.

The CWL of Most Blessed Sacrament Church is selling CHILI just in time for Super Bowl Sunday! Each container holds 28 oz of delicious homemade CHILI for only \$15. You can place your order at the parish office. Cash payment must accompany your order and the deadline for orders is Monday February 6th.



World Youth Day 2023-Lisbon, Portugal

We have three young adults who will be attending World Youth Day 2023. We are excited for Matthew S., Michelle C., and Kevin L., and their fellow pilgrims. We are very fortunate that some of their fees will be covered through the One Heart, One Soul Campaign. However, if you would like to make a personal donation, and receive a tax receipt, please visit <https://wyd.hamiltondiocese.com/> and click Donate. You may direct it to one or split it between the three. Thank you for your ongoing support and prayers for our young people.



Youth Group Grades 7-12! All young people are invited to join us for an evening of games, food and friendship. Our meetings for the time being will be held in the parish hall

from 7:00-8:30 p.m.. Permission forms can be found on our parish website or in the Narthex. Our next meeting will be held Friday, February 24th. Our focus for this month is the Love God has for Us.

Young Liturgical Ministers Needed

We are looking for young people to help serve in different liturgical ministries at Mass. If you are a young person who would like to be an Altar Server, Lector, Greeter or Eucharistic Minister. Please reach out to Rachel at blessedsacramentyouth@hotmail.com or call the Parish Office.

Catholic Tech Corner

In The Bible in a Year podcast, Fr. Mike Schmitz walks you through the entire Bible in 365 episodes, providing commentary, reflection, and prayer along the way.

Unlike any other Bible podcast, Ascension's Bible in a Year podcast follows a reading plan inspired by The Great Adventure Bible Timeline, a ground-breaking approach to understanding salvation history developed by renowned Catholic Bible scholar Jeff Cavins. For each period in the timeline, Jeff will join Fr. Mike for a special episode that will help you understand the context of each reading.

With this podcast, you won't just read the Bible in a year ... you'll finally understand how all the pieces of the Bible fit together to tell an amazing story that continues in your life today!

Download on any Podcast App- Bible in a Year with Fr. Mike Schmitz

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World Day of Prayer - Our parish will be hosting the World Day of Prayer here on Friday March 3rd at 1:00pm. Our sisters in Taiwan are featured in this year's celebration. The Liturgy will start in the church and fellowship will continue in the parish hall. Let us join with the Taiwanese women and encourage one another in our faith just as Paul the Apostle did in his letters.



FYI An order for fundscip cards will be taken in March. Consider putting an order for Easter.



The Adult Choir is now accepting new members. They are presently preparing for Lent, the Easter Vigil and Easter Sunday. If you are interested in joining (especially male voices) please call the parish office for details. Or just come up to the choir loft on Wednesday evenings at 5:30pm for our weekly one hour practice!

SAVE THE DATE: The Diocesan Wedding anniversary Mass is Back! Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2023? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, April 16, 2023 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Registration available on line at www.hamiltondiocese.com.

Invited to join Incararnation of Our Blessed Lord Parish -400 Pottruff Rd North **FOR** the Feast of Our Lady of Lourdes World Day of Prayer.

For the sick, elderly, care providers and ourselves for Mass and the Sacrament of Anointing – **February 11 at 11:00 AM- everyone welcome!**

Evenings with His Excellency – Bishop Wayne Lobsinger invites everyone to join him for “evenings with His Excellency”. An opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. **Class is the second Friday of each month 7-8:30p.m at St. Ann Church**, Ancaster. It is also available by livestream on St. Ann's YouTube channel. No cost, no homework, just an opportunity to learn about our faith, all are welcome.

Lift Jesus Higher Rally 2023- on Saturday March 4th from 9am -5:30pm at the Metro Toronto Convention Centre, North Building, 255 Front St. West.
For information and tickets call Sadie at 905-270-2510

February 5—Fifth Sunday in Ordinary Time

You are the salt of the earth. Matthew 5:13

Jesus names us as salt for the entire world. To what does this naming call us?

Salt facilitates and hastens the closing of wounds. So we ask: What hurts are we challenged to notice and address? How might we be a healing presence to the world around us?

Salt draws out and enhances flavour. How might we invite the hidden gifts of others to come forward, be affirmed and enrich the lives of all?

Salt is a preservative, what shall we discern is worth holding onto and cherishing?

Salt is a symbol of wisdom. What might we learn from the salty ones, the wisdom, figures, those who have salted their own and other's lives by contemplative living, by deep listening to the Word of God and by integrating that Word into their everyday lives?

Loving God, salt my life today.

Sr. Chris Koelhoeffer, I.H.M.

February 12 - Sixth Sunday in Ordinary Time

Settle with your opponent quickly while on the way to court. Matthew 5:25

Soon after Jesus began public preaching, he gave his famous Sermon on the Mount. He spoke about prayer, love, healing, discipleship and the law. In a very specific manner, he told his followers to settle their disputes with each other without having to go to court. He warned them the court and judge may give a strict judgment, a prison sentence and a severe fine.

Later, Jesus repeated this teaching saying that brothers should be able to resolve their disagreements or quarrels between the two of them. If they would need further help, they could invite a friend or someone from the church to listen and offer a solution. Numerous lawsuits about today; yet the wisdom of Jesus remains viable to challenge us to pursue a more peaceful and lasting solution to our disputes. Controversies are to be expected; charity is expected to settle them.

Fr. James McKarns

A young man had never seen the ceremony in which the bride and groom light the Unity Candle, as it is usually called. The new husband and wife, each with a lighted candle simultaneously light a single larger candle.

“Do you know what it means?” a friend asked our young man.

“Could it mean, No more old flames?”