

January 23, 2022

January 30, 2022

Please note: The church is open to a capacity of approx. 140. No reservations are required. You must continue to social distance and wear a mask.



MASS INTENTIONS

Wednesday Jan 26 – 9:00am – Frank Costantini
Friday Jan 28 – 9:00am – James Rocchi
Saturday Jan 29 – 5:00pm – Charles Rizzo, Mary Deeney, deceased Legionaries, John & Theresa Sieb, Sarah Paglia, Julia deGuzman

Rosary is said before Mass on Wednesday and Friday. Come early and join in.

MASS INTENTIONS

Wednesday Feb 2 – 9:00am – Bernie Dugas
Friday Feb 4 – 9:00am – Bernie Baldwin
Saturday Feb 5 – 5:00pm – Angelo Mosca

DIOCESAN PRAYER CALENDAR

January 23-29, 2022

MON – Rev. Sam Restivo
TUE – Rev. Brendan McGrath
WED – Carmelites of Mary Immaculate
THU – Rev. Jason Kuntz
FRI – Rev. Romelito Guillen
SAT – Rev. Grayson Hope

DIOCESAN PRAYER CALENDAR

January 31- February 5, 2022

MON – Rev. Duy Van Nguyen
TUE - Rev. John Van Hees
WED – Hospitaller Order of St. John of God
THU - Rev. Hayden Starczala
FRI – Very Rev. James Petrie
SAT – Rev. Gerald Mulhall

Collections:
Jan 8/9 2022 – \$2,715.00
Jan 15/16 \$2,035.00

including mail in donations and loose

WE THANK YOU FOR YOUR CONTINUED SUPPORT AND GENEROSITY AT THIS TIME

On Friday February 4th after the 9:00 am Mass, the blessing of St. Blaise will be available in the church.

The Catholic Women's League of Canada



has started a National Food Drive program aimed at increasing food donations to local food banks. The CWL of Most Blessed Sacrament Church is participating in this food drive and we need your help! **This month our focus is on Peanut Butter, Jams and Jellies.** Please drop off your donations in the narthex and help those who are in need during the cold winter months.

CWL Membership for 2022

Calling all ladies of the parish! Come and join the Catholic Women's League and be a part of a wonderful group of dedicated ladies, both in our own parish and all across Canada! This year the dues are \$30.00. Please use the CWL envelope found in your donation envelope box or come in to the parish rectory. Please consider adding your name to the CWL's national voice!

@MSTBLSSDCRMNT! Follow Us @branchesoffaith! We are on social media. Stay up to date, with happenings in the parish, faithful posts, and much more! Spread the word that we have social media to your family/ friends, so they are up-to-date. See you online



We are currently accepting registrations for **Confirmation 2022**. If your child is



in grade 7 or higher they are welcome to participate in our Spring Confirmation preparations. Registrations are available on the Parish Website.

YEAR END

Thank you for your co-operation. Income Tax Receipts will be out the end of Feb. 2021. The 2022 envelopes are in the narthex for pick up. If you would like to have parish envelopes please contact the parish office to arrange for them.

The names on the Christmas trees on the altar, Baptisms, Marriages, Confirmation, First Communion, and Deaths for the past two years the tags will be available for the family in the Narthex once the trees are down. Please take your tags.

Wednesday, February 16, 2021

Foster/Adoption Information Webinar

7:00pm – 8:30pm

Anyone interested in fostering or adopting can join this online information session to learn more about the opportunities to foster and adopt through the Catholic Children's Aid Society of Hamilton. This will be an interactive webinar where you can join the conversation and ask questions. The first step towards fostering and adoption is attending this information session.

To register, please contact Jennifer Veenstra at [905-525-2273](tel:905-525-2273) or jennifer.veenstra@hamiltonccas.on.ca.

AMANDA GORMAN, THE YOUNG POET who read her now-famous poem, *"The Hill We Climb"*, at the 2021 inauguration of U.S. President Joe Biden, has written another poem to welcome 2022. *"New Day's Lyric"* includes this beautiful excerpt:

**"This hope is our door, our portal.
Even if we never get back to normal,
Someday we can venture beyond it,
To leave the known and take the first steps.
So let us not return to what was normal,
But reach toward what is next."**

To hear Amanda Gorman recite her poem, go to youtube and search for Amanda Gorman the poet.

The **Reel Justice Film Festival** is back! We are excited to offer another year of engaging films, which spotlight issues of social, political, and economic injustice. **Join us January 27, 2022 at 7:00 P.M. for "There's Something in the Water"**. The film documents environmental racism in Nova Scotia, revealing a portrait of ecological and social disaster, where rural areas are plagued by toxic fallout from industrial development and your postal code determines your health. The **Reel Justice Film Festival** is a partnership between Development & Peace and the Bishop Farrell Library & Archives. Visit us online at <https://reeljusticefilmfestival.wordpress.com/> to view our 2022 schedule or to secure your spot at any of our virtual screenings!

Parenting Tip for the Month - Our children are, in many ways, like sponges absorbing all we say and do. Even when we think they aren't watching or listening, they are often taking in our comments, actions and attitudes. In fact, our influence lasts their entire lives and impacts them throughout their lifetime. Equally important is what we don't say about something they are seeing or hearing or doing, since silence is considered consent. Parenting takes constant work, which is why it is considered a vitally important vocation. The rewards, however, of seeing your children grow into healthy, strong adults is worth the effort.

Marriage Tip for the Month - Some people drift into their relationships over a number of years, but it can also be said that people drift out of their relationships as well. We can become complacent and take for granted all the nice things a spouse does for us and/or sometimes we stop doing nice things for them. Over time we compliment less, spend less time together, stop sharing our day, feelings, or hopes and dreams and suddenly lose sight of the other. When we continue to treat our relationship as new, taking the time to discover who the other is and complimenting them for it, we stay firmly attached instead of drifting apart.

Marriage Support - Is your marriage experience more trouble than joy, feeling stagnant or disconnected and/or causing you worries? The solution is Retrouvaille - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. The next Retrouvaille weekend begins March 13, 2022. For more information call 905-664-5212 or email teamrecine@gmail.com.

ReStart – Starting over after separation or divorce with support, care and tools for your journey. We invite you to check out the Diocesan website at: <https://hamiltondiocese.com/offices/family-ministry/divorce-separation.php> to see the programs we offer and to find out dates of the new programs in early 2022. If you have questions, call the Family Ministry Office at 905-528-7988 ext. 2249.



Grandpa was celebrating his 88th birthday. The gang called on him for a speech. Someone shouted: "tell us about your young days, grandpa." In quaking tones grandpa managed to say: "I can do that in just a few words. When I was young my motto was: "wine women, and song". Nowadays I'm satisfied with: Metamucil, same old gal – and Lawrence Welk."

gathering of former & present parishioners for such a momentous occasion.

FROM THE DIOCESE -THE 2021 – 2023 SYNOD OF BISHOPS

brings an invitation from Pope Francis to embark on a journey together. How can you get involved? Offer your thoughts on how we can deepen our communion in the Lord and how all members of the Church can participate more fully in its mission.

Visit: <https://hamiltondiocese.com/synod/#about>

World Meeting Of Families Diocese Event – being held May 28, 2022 at Mount Mary in Ancaster. Pope Francis is urging diocesan administrators to begin preparations for the 2022 World Meeting of Families and this is exactly what the Diocese of Hamilton has begun to do! The Pope has asked that, “wherever it is possible, I would like to invite diocesan communities to plan initiatives based on the theme of the meeting, and to use the symbols being prepared by the Diocese of Rome.” More information will follow, for now, we encourage you to keep Saturday, May 28th open. As Pope Francis reminds us, this is “a great opportunity for Catholics to renew their commitment to family ministry.”

Bible Sunday - The Diocese of Hamilton celebrates Bible Sunday on January 23, 2022. Bishop Crosby has chosen the third Sunday of Ordinary Time each year as our day to emphasize how #TheBibleSpeaks and how #WeListen. We encourage you to visit our Diocesan webpage dedicated to Bible Sunday 2022. Here you will find resources for adults, youth and children to help foster a relationship with God’s living Word: www.hamiltondiocese.com/thebiblespeaks.

Mount Mary Immaculate Retreat Centre is now open and accepting group and personal retreat bookings for 2022! With a large Chapel and acres of untouched green space Mount Mary is an ideal location for those seeking a retreat experience. Groups of all types are welcome for a day or for an overnight stay. For more information please visit: www.mountmary.ca

SACRED HEART PARISH, HAMILTON

100TH ANNIVERSARY

This September 12th, Sacred Heart Parish celebrated 100 years. We ask former and present parishioners to please send photos of memories at Sacred Heart either by email: sacred.heart@cogeco.ca or to bring them to the parish rectory. Due to ongoing pandemic uncertainties, it has been decided to extend our celebration into next year. Bishop Crosby has agreed to celebrate the Anniversary Mass on June 5, 2022 which is the Feast of Pentecost and which is in the month of June – the month dedicated to the Sacred Heart of Jesus. This will be followed by brunch at Michelangelo’s. We hope to have a large

