

**August 1-31, 2021**

---

## **MASS INTENTIONS**

**The church is open to a capacity of approx. 160  
No reservations are required.  
You must continue to social distance and  
wear a mask.**

**Wednesday Aug 4** – Patti Duckworth

**Friday Aug 6** – For special intentions

**Saturday Aug 7** – John Carty, Giovanni Prateviera

**Wednesday Aug 11** – Steve & Margaret Cole

**Friday Aug 13** – John Carty

**Saturday Aug 14** – Corinne Cremen

**Wednesday Aug 18** – No Mass

**Friday Aug 20** – No Mass

**Saturday Aug 21** – Elizabeth Dixon

**Wednesday Aug 25** No Mass

**Friday Aug 27** – deceased members of Mary & Vince Downey & family

**Saturday Aug 28** – Larry Curto, Henry Jablonski, John Carty

Fr. Charlie will be away from Aug 18- 25<sup>th</sup>

Fr. Ted Slaman will here Sat & Sun Aug 21/22

**THANK YOU!  
FOR YOUR ON- GOING GENEROSITY**

## **DIOCESAN PRAYER CALENDAR**

---

### **August 2 - 7**

MON - Most Rev. Anthony Tonno

TUE - Rev. Paul Vellimoozhayil

WED - Catholic Teachers

THU - Rev. Edward Hampson

FRI - Transfiguration of the Lord

SAT - Rev. James Curtin

---

### **August 9 - 14**

MON - Rev. Frank Voorwerk

TUE - Rev. Scott Whitfield

WED - Legionaries of Christ

THU - Rev. Ron Cote

FRI - Rev. Michael Bennett

SAT - Rev. Ralph Diodati

---

### **August 16 - 21**

MON - Rev. Michael McHugh

TUE - Rev. Msgr. Paul Boucher

WED - Sisters of Immaculate Heart of Mary

THU - Rev. Mike Myroniuk

FRI - Rev. Robert Dunn

SAT - Rev. Marijan M

---

### **August 23-28**

MON - Rev. Msgr. Raymond Modeski

TUE - Rev. Franjo Sprajc

WED - Rev. Ursuline Sisters

THU - Rev. Arthur Scidmore

FRI - Rev. Peter Meyer

SAT - Rev. Donald Sanvido

### **August 30 – September 4**

MON - Rev. Terence Sehl

TUE - Rev. Ken Miskiewicz

WED - Diaconate Formation Candidates

THU - Rev. Michael Anderson

FRI - Rev. Edward J. Mahony

SAT - Very Rev. David Walter

---

**The parish office is open Monday to Thursday 8:30am to 1:30pm. The office is closed on Fridays and the weekend.**

As of September, 2021 we will be distributing a weekly bulletin again.

Like Us on facebook.com/mstblssdsrmnt! Tweet Us @MSTBLSSDSRMNT! Follow Us @branchesoffaith! We are on social media. Stay up to date, with happenings in the parish, faithful posts, and much more! Spread the word that we have social media to your family and friends, so they are also up-to-date. See you online!



### **Sacred Heart Parish, Hamilton 100<sup>th</sup> Anniversary**

This September 12<sup>th</sup>, Sacred Heart Parish will be celebrating 100 years. We ask former and present parishioners to please send photos of memories at Sacred Heart either by email: [sacred.heart@cogeco.ca](mailto:sacred.heart@cogeco.ca) or to bring them to the parish rectory. Due to ongoing pandemic uncertainties, it has been decided to extend our celebration into next year. Bishop Crosby has agreed to celebrate the Anniversary Mass on June 5, 2022 which is the Feast of Pentecost and which is in the month of June – the month dedicated to the Sacred Heart of Jesus. This will be followed by brunch at Michelangelo's. We hope to have a large gathering of former & present parishioner for such a momentous occasion.

**JUST A REMINDER: VIGIL CANDLES ARE STILL AVAILABLE** – Call the office if you would like a vigil candle. Payment for vigil candles is now due.

**August 1-31, 2021**

**Marriage Support** - Is your marriage experiencing more trouble than joy, feeling stagnant or disconnected and/or causing you worries? **The solution is Retrouvaille** - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving partnership. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. Retrouvaille is offering their weekends by zoom offering more possibilities for engagement. For more information call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com).

**Do you need support after an abortion?** Either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is available to help. This confidential service allows people to work through their feelings on an individual basis, with a trained counsellor, to find hope and healing. **Please contact us at 905-526-1999 or toll free at 1-888-385-3850.**

**SEPARATION & DIVORCE** – Surviving separation and divorce is one of the worst experiences of our lives. The process involves intense emotions of grief, anger, sadness, and deep hurts. Learn how to navigate these emotions and explore the stages involved in the healing process. Through personal sharing, receive support and reassurance that you are not alone and that others have felt and experienced the same challenges. Saturday, August 7, 2021 from 9:30 a.m. to 3:30 p.m. Cost is \$65.00 and includes lunch and materials. Led by Anna Racine (presenter bio at [www.annaracine.org](http://www.annaracine.org)) Register at (905)356-4113 ext. 4200 – or – [reservations@carmelniagara.com](mailto:reservations@carmelniagara.com). Mount Carmel Spiritual Centre, 7020 Stanley Ave. Niagara Falls, ON

*A priest friend and I went out to lunch one day. He is a vegetarian, not 100%, but close to it. He ordered a salad plate, which was so huge he could not possible eat all of it. Still, he sighed: "I hate to waste this good food."*

*"Why don't you ask the waitress for a doggie bag?" "But dogs don't eat this kind of food," he objected. "Well," I advised, "then ask for a bunny bag," And he did.*



## **HAMILTON RIGHT TO LIFE**

### **First Event:**

Hamilton Right to Life has joined the initiative of Halton Alive's creative summer endeavour to reach out with the pro-life message of hope and care. How? By commencing a 2nd month of chalking in August at Long-Term Care and retirement homes across Halton and Hamilton. Inspire Hope has already made it to local newspapers and national radio and TV shows! (here are some links in case you're interested: [Oakville News](#), [100 Huntley Street](#), [Catholic Current](#) - starts at 26.50). We're so blessed to have some volunteers from your parishes sign up to participate and make a difference and we want the world to know!

Included are three attachments, one is an announcement that may be used (and tweaked if necessary).

### **Second Event:**

Looking to enjoy time safely with family and friends in September? The Ancaster Fair is taking place Saturday, Sept. 25 & Sunday, Sept. 26, 2021. Hamilton Right to Life will have a booth there, and would be happy for you to stop by to show your support for LIFE! If you are interested in volunteering at the booth for a 2-hour period, please contact [hamiltonrighttolife@outlook.com](mailto:hamiltonrighttolife@outlook.com) or call 905 528-3065.

### **MEDITATION:**

*"Would that we had died at the Lord's hand in the land of Egypt, as we...ate our fill of bread"(Exodus 16:3)*

As the old saying goes, "A bird in the hand is worth two in the bush." It's better to have a sure thing than to hope for something that's not guaranteed. That seems to capture the Israelites' complaint to Moses. They would rather be enslaved in Egypt and have enough to eat that trust God to lead them to the Promised Land. After all, they are hungry!

It might seem short-sighted. God had just freed the Israelites from slavery in Egypt. He parted the Red Sea for them to pass through and provided water in the desert. Why didn't they trust him to take care of them? Why were their sights set so low, on such immediate needs?

The short answer is, it's human nature. The needs that loom before us can make us forget God's faithfulness. It's like the crowd following Jesus in today's gospel: they searched for him, not because they had seen healings and miracles, but because he had filled their bellies (John 6:26). Even when Jesus told them that he was the "bread of God," the One who came down from heaven to give life to the world, they still seemed preoccupied with physical food.

It can be hard to trust that in the long term, God will bring good out of a hard situation when all we want is relief. It can be a challenge to remember his promises when all we can see is what we're lacking. We need a sign of God's faithfulness, a reminder that he takes care of us.

The Eucharist is that reminder. Day after day, Jesus offers himself: the Bread come down from heaven. So today, when you receive Communion, place those pressing needs before the Lord. Received him and know that he has you in the palm of his hand.

*"Lord Jesus, you are the Bread of Life. Help me hunger for the food that endures."*

