

July 18 and July 25, 2021

## MASS INTENTIONS

The church is open to a capacity of approx. 160.

No reservations are required.

You must continue to social distance and wear a mask.

Wednesday July 21 – John Carty

Friday July 23 – Joseph Gudzinski

Saturday July 24 – Grazia Addabbo

## DIOCESAN PRAYER CALENDAR July 19 – 24

MON - Rev. David Lewis

TUE - Rev. Andrew Czarny

WED – Pallotine Fathers

THU - Rev. Gary Schlack

FRI - Rev. Edward Hinsperger

SAT - Rev. Peter Tuyen Nguyen

THANK YOU!

FOR YOUR ON- GOING GENEROSITY

The parish office is open Monday to Thursday 8:30am to 12:30pm. The office is closed on Fridays and the weekend.

Like Us on facebook.com/mstblssdscremnt! Tweet Us @MSTBLSSDSCRMENT! Follow Us @branchesoffaith! We are on social media. Stay up to date, with happenings in the parish, faithful posts, and much more!

Spread the word that we have social media to your family and friends, so they are also up-to-date. See you online!

### Sacred Heart Parish, Hamilton

#### 100<sup>th</sup> Anniversary

This September 12<sup>th</sup>, Sacred Heart Parish will be celebrating 100 years. We ask former and present parishioners to please send photos of memories at Sacred Heart either by email: [sacred.heart@cogeco.ca](mailto:sacred.heart@cogeco.ca) or to bring them to the parish rectory. Due to ongoing pandemic uncertainties, it has been decided to extend our celebration into next year. Bishop Crosby has agreed to celebrate the Anniversary Mass on June 5, 2022 which is the Feast of Pentecost and which is in the month of June – the month dedicated to the Sacred Heart of Jesus. This will be followed by brunch at Michelangelo's. We hope to have a large gathering of former & present parishioner for such a momentous occasion.

## MEDITATION – JULY 18

*They were like sheep without a shepherd.*

*Mark (6:34)*

In today's first reading, Jeremiah has harsh words for Judah's kings. They were supposed to act as shepherds of their people, but instead, he charges. "You have not cared for them" (Jeremiah 23:2).

When the true and righteous Shepherd, Jesus, did appear, he did not come as an earthly king (Jeremiah 23:4-6). He did not wear royal garments or sit on an earthly throne. He was a shepherd who knew his sheep, who lived among his people and cared for them.

We can see Jesus acting as the Good Shepherd in today's gospel reading. When the disciples returned from their mission to the nearby towns and villages, Jesus knew just what they needed: Some quiet time and a place to recharge. So he urged them to "come away by yourselves to a deserted place and rest for a while" (March 6:31).

Yet as soon as they stepped off the boat, a vast crowd greeted them. Instead of making a quick getaway with his disciples, however, this Good Shepherd "was moved with pity for them" (Mark 6:34). He knew what they needed: a ray of hope. His life-giving words would feed their hungry hearts, and so he taught them. But he also knew that their hungry stomachs would need to be filled. So he multiplied the five loaves and two fish, giving them enough food so that all "were satisfied" (6:42).

This is what the true Shepherd does: he knows and cares for each one of us. Because he understands what it is like to be human, he provides for all our needs, both physical and spiritual.

Look over the past week or month. How has Jesus cared for you? Think of concrete examples of ways—even minor ones—that he has provided for you, even amid your challenges and trials. Let all these memories inspire you to trust in the Good Shepherd who never, ever abandons his flock.

*"Jesus, thank you for being the Good Shepherd who cares for my every need."*

**JULY 24<sup>th</sup> There will be a BOTTLE DRIVE in the parish parking lot from 9am to 3pm. The proceeds will go to the Food Bank**



## MASS INTENTIONS

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wear a mask.

Wednesday July 28 – Rose Mary Gatecliffe

Friday July 30 – John Kwarcianny

Saturday July 31 – Totatam, John Carty

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## DIOCESAN PRAYER CALENDAR July 26 - 31

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MON - Rev. Malcom Katzenberger

TUE - Rev. Robert Love

WED – Institute of Kkottongnae Sisters of Jesus

THU - Rev. Ross Campbell

FRI - Rev. Luc Payette

SAT - Rev. Gordian Okpuruka

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THANK YOU FOR YOUR ONGOING  
GENEROSITY

**Marriage Support** - Is your marriage experiencing more trouble than joy, feeling stagnant or disconnected and/or causing you worries? **The solution is Retrouvaille** - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving partnership. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. Retrouvaille is offering their weekends by zoom offering more possibilities for engagement. For more information call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com).

**Do you need support after an abortion?** Either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is available to help. This confidential service allows people to work through their feelings on an individual basis, with a trained counsellor, to find hope and healing. **Please contact us at 905-526-1999 or toll free at 1-888-385-3850.**

## MEDITATION JULY 25

*Gather the fragments left over, so that nothing will be wasted. (John 6:12)*

In John's telling of the miracle of the loaves and fishes, Jesus says very little. Out of a story that is 310 words long, Jesus speaks only 25! But there is a whole world of meaning behind each word.

First, Jesus sets the miracle in motion with a practical question: "Where can we buy enough food for them to eat?" (John 6:5). Jesus knows what he is going to do, but he wants to prompt Philip and the other disciples to expand their expectations. He is pointing out a situation that is humanly impossible to solve so that they will begin to consider other, more divinely inspired options.

Next, he prepares everyone to receive the miracle he is about to perform: "Have the people recline" (John 6:10). They don't have to do much—just take a position of rest and trust. Of course, that may not be easy when you're hungry and you can't see any food readily available. But that's the way it is with the Lord: sometimes he asks you to rest and trust in his provision, even when you can't see any possible hope of a way out.

Finally, he brings the miracle to a close: "Gather the fragments left over, so that nothing will be wasted" (John 6:12). Jesus is generous—exceedingly generous—but he is not wasteful. A lot was left over, and Jesus wanted to make sure it went to good use. These baskets of food—one for each apostle—were his way of telling us to be equally generous in sharing his blessings. Every gift he gives is meant not just for us: it's meant to shape how we speak and act so that we can become stronger witnesses to his love.

Like manna from heaven, Jesus' grace is always showering down on us. May we learn how to receive it and always be ready to offer it to the people around us!

*"Thank you, Jesus, for always giving me what I need! Please show me how to share your blessings with everyone else."*