

January 31 and February 7, 2021

MASS INTENTIONS

“During this time, the MASSES are celebrated privately (no congregation)”

Wednesday Feb 3 – Alfonses Lambe

Friday Feb 5 – Robert & Georgina Fogarty

Saturday Feb 6 – Roger Settimi

Wednesday Feb 10 — deceased parishioners

Friday Feb 12 – Caroline Angarano

Saturday Feb 13 – Roger Settimi

DIOCESAN PRAYER CALENDAR -Feb 1-Feb 6

MON - Rev. Duy Van Nguyen

TUES – Rev. John Van Hees

WED – Discalced Carmelite Sisters

THUR – Rev. Vivek Trindade

FRI - Rev. James Petrie

SAT - Rev. Gerald Mulhall

DIOCESAN PRAYER CALENDAR -Feb 8-13

MON – Rev. Joe S. Selvanayagam

TUES – Rev. Stephen Gilbert

WED – Sisters of St. Joseph of Cluny

THU - Rev. Marko Puljic

FRI - Rev. Robert Kavelj

SAT - Rev. Ilija Petkovic

Thank you for your on going generosity.

The Office will be closed due to the lockdown of the province.

If you leave a message on the parish phone, someone will get back to you as the secretary will be in the office a few days a week and Fr. Charlie will be checking messages.

Like Us on facebook.com/mstblssdscremnt! Tweet Us @MSTBLSSDSCRMNT! Follow Us @branchesoffaith! We are on social media. Stay up to date, with happenings in the parish, faithful posts, and much more!

Spread the word that we have social media to your family and friends, so they are also up-to-date. See you online!

Meditation for Sunday Feb 7th

I shall not see happiness again (Job7:7)

It's hard not to be struck by the grimness of Job's words. We might want to give him a break and excuse him. After all, look at what happened to the poor man! He lost his children, his possessions and property, even his health. Anyone would be devastated. It's only natural to vent your frustrations to your friends as Job did.

But let's not gloss over Job's melodramatic words. They provide a glimpse into not only how he was feeling in the midst of his devastation but how he was working through it. He teaches us an important lesson when we're going through something difficult: keep the lines of communication with God open!

God willing, we will never experience the same string of losses that Job experiences. But sometimes even small trials can send us into a spiral of negativity. Feeling devastated when we are devastated is natural. And that's okay as long as it doesn't stop there.

So if you find yourself complaining about your circumstances or getting caught up in self-pity, try to follow Job's example. Vent to your friends if you must but turn to God as well. Tell him your frustration. Tell him about the injustice of your situation. Don't hide the way you feel. Ask him hard questions. That kind of honesty gives him something he can work with.

But then go further and listen for his answer. Eventually, Job heard from God. He didn't get an immediate explanation of why he lost everything. He did, over time, come to a deeper understanding of God's greatness. He didn't get a vindication of his own righteousness, but he did go from being someone who only knew about God to being someone who had seen him directly. That's what God can do when you're honest and keep talking to him. Eventually, you will hear him.

“Lord, may my setbacks help me to open my heart more deeply and honestly to you.”

FROM THE DIOCESE

PARENTING TIP : Children love to read the same book repeatedly, eat the same lunch every day and they do best, in fact thrive, on a daily routine. The predictable makes children feel secure and competent because they know what to expect. With little children, routines for mealtimes, bed and bath times, prayer time and even playtime, can be a great comfort, making for happier children. This same wellness from routines also works for older children. The more routine in their lives, the more relaxed and happy their personality. So, start the New Year by creating a schedule for all family members, try it out and see how much peace can come to your household! (Family Ministry Office thartnett@hamiltondiocese.com).

MARRIAGE TIP : Marriage unites two people together in an intimate partnership, allowing each person to feel loved and cared for by their spouse. God made us relational, so marriage meets our need for another in our lives and fulfills our deepest need to be known. Yet, sadly, too many married people feel lonely. So, why not make 2021 a year of joy? Talk to each other about your hopes for the future; tell your spouse about good things or bad that have occurred at work; share a joke, funny story or a frustrating event from your day. When we share our lives with another we connect more deeply, feel part of the others life and loneliness disappears. An easy way to keep intimacy intact and loneliness away. (Family Ministry Office thartnett@hamiltondiocese.com).

Anniversary Mass 2021 - The Anniversary Mass scheduled for June of 2021 has been cancelled due to restrictions and concerns around COVID-19. We invite you to register your 25, 40, 50, 60 and 60 plus years Anniversary on the Diocesan website at hamiltondiocese.com. We will send you the certificate you would have received from Bishop Crosby at the Mass.

Marriage Support - Is your marriage experiencing more trouble than joy, feeling stagnant or disconnected? **The solution is Retrouvaille**, a program for married couples facing challenges in their relationship. Its purpose is to help couples restore their marriage and rebuild a loving relationship. It is a practical program where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works for couples who may be considering separation or divorce. The next weekend begins March 12, 2021. For more information call 905-664-5212 or email teamrecine@gmail.com.

Struggling After an Abortion? Either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is here to help. This confidential service allows people to work through their feelings on an individual basis with a trained counsellor, to find hope and healing. **Please contact us at 905-526-1999 or toll free at 1-888-385-3850.**

Re: Start – Starting over after separation or divorce with support, care and tools for the journey - We invite you to visit the Family Ministry Office on the Diocesan website <https://hamiltondiocese.com/> to see the programs offered and to register. If you have questions, call the Family Ministry Office at 905-528-7988 ext. 2249.

The Knights of Columbus Sacred Heart of Jesus Council 15922 and District 109 is inviting all Catholic men and their families to attend a Fraternal Benefit Seminar and the awarding of the Heritage Award for Councils 1454 and 5860 for their combined total of 167 years of service to their parishes, faith community, and fellow brother knights.

The event is scheduled for Saturday, February 6, 2021, on a Zoom platform at 2:00 PM. The Zoom link is provided below.

Best regards,

Oscar Aran

GK, Sacred Heart of Jesus Council 15922

905 975 7904

Field Agent is inviting you to a scheduled Zoom meeting.
Topic: FBE + Heritage Award event

Time: Feb 6, 2021, 02:00 PM Eastern Time (the US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/81806735859?pwd=UEx4RWw2c2tFZXBFcitleVhkS1dwUT09>

Meeting ID: 818 0673 5859

Passcode: 336953

School – Getting out of



Johnie arrived home from first grade an hour before school was dismissed. Curious, his mother asked: “How come you’re home from school an hour early?”

“Teacher let me go, “ replied Johnie.

“what do you mean – she let you go?”

“I raised my hand and asked her if I could leave the room. She nodded her head – and here I am.”